



_____ **ACT OF** _____
SPIRITUAL COMMUNION



MY JESUS,

I BELIEVE THAT YOU ARE PRESENT IN
THE MOST HOLY SACRAMENT.

I LOVE YOU ABOVE ALL THINGS, AND I
DESIRE TO RECEIVE YOU INTO MY SOUL.

SINCE I CANNOT AT THIS MOMENT
RECEIVE YOU SACRAMENTALLY, COME AT
LEAST SPIRITUALLY INTO MY HEART.

I EMBRACE YOU AS IF YOU WERE
ALREADY THERE AND UNITE MYSELF
WHOLLY TO YOU. NEVER PERMIT ME TO
BE SEPARATED FROM YOU.

AMEN.



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