



# PACKING LIST

## CLOTHING

- Sweater or Sweatshirt
- Light Jacket
- Light raincoat or umbrella (very optional)
- Hat
- Pants (Slacks, pants, modest shorts, capris, jeans)
- Shirts
- Skirt if you prefer
- Socks
- Underwear
- PJs
- Swimming Suit
- Comfortable walking shoes
- Sunglasses

## TRAVEL

- Bag to take on bus for daily travels
- Inflatable head and neck rest, eye mask, foam earplugs (for flight)
- Flashlight w/extra batteries – put batteries in carry on luggage while traveling
- Camera, film/memory cards + charger
- Notebook with pen for journaling
- Electric adapter and converter
- Rosary
- Headphones / earbuds

## TOILETRIES

- Small First Aid Kit - Band-Aids
  - Dramamine or Conine – if subject to motion sickness
  - Pepto Bismol tablets or preferred antacid
  - Sominex or preferred sleeping aid
- Hand carry on Medications in original container. (Make sure you have enough for the whole trip. It is very difficult to get a US prescription filled over there.)
- Sunscreen
- Hand Sanitizer & handy wipes for freshening up during the day
- 2 cheap washcloths
- Large bags for dirty clothes
- Zip Lock Bags – various sizes

## DOCUMENTS

- Valid passport (must be valid 6 months from the date of return) take original +1 copy
- Credit Card, ATM, or Debit Card (call ahead to give them travel dates and countries)
- Travel Insurance Information (if purchased)
- Airline Ticket / e-ticket information
- Cash

## DID YOU REMEMBER?

- Who will feed the pets?
- Who will care for the lawn and house plants?
- Trip or flight protection insurance submitted?
- Hotel and flight information left with family, friends, etc?
- Additional identification. i.e. driver's license?
- Police/neighbors notified to look in once in a while?
- Newspaper delivery stopped?
- Post office holding mail or friends emptying mailbox?
- Leave an extra house key for friends, family, or neighbors?
- All cooling and heating units turned off?
- All doors and windows locked?
- Alert your credit card company of your travels?

**THIS IS ONLY A SUGGESTED PACKING LIST– ONLY BRING WHAT YOU THINK YOU WILL USE!**